

The Senior Connection

A Publication of the Dartmouth Seniors' Service Centre
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Vol. 31, No. 3

November, 2005



**Merry Christmas
&
Happy New year**

OUR MISSION

**TO ENHANCE THE WELL BEING AND QUALITY OF LIFE
FOR OLDER ADULTS LIVING IN OUR COMMUNITY
BY PROVIDING A SAFE, WELCOMING,
POSITIVE LEARNING ENVIRONMENT FOR EVERYONE**

A REMINDER

Several months Ago, your Board of Directors adopted a policy which designated our premises as “Scent Free”. This policy was enacted in response to concerns from a number of our members who have genuine allergies. Unfortunately, there are still a few members who do not comply with this policy, which is not at all unique to the Dartmouth Seniors’ Service Centre.

If you have never been personally affected you may not be aware that allergies are nothing to be taken lightly. In fact, a severe allergic reaction can be a life threatening experience. Therefore, some of our members who do suffer from allergies feel that they cannot fully enjoy their membership as they do not feel safe in an area where odors exist. They have chosen to stay away rather than risk a reaction.

When our policy was enacted it was anticipated that we could achieve our objective of creating a scent free environment through education. We certainly do not wish to become involved in punitive or disciplinary action to enforce this policy. Therefore, we again ask for your cooperation.

BINGO

Tuesday - 1:10 PM

Regular Games - \$10.00

Specials - \$15.00

Early Bird and Cookie Jar Games

BINGO

Wednesday - 7:00 PM

Regular Games - \$15.00

Specials - \$30.00

Early Bird and Cookie Jar Games

Your Board of Directors and Executive Committee

Chair	- Clint Schofield	Membership	- Katharine Lindsey
Vice Chair	- Cal Lindsey	Property	- Roy Yetman
Executive Secretary	- Joe Melvin	Fund Raising	- Carmen Moir
Treasurer	- Bill McLernon	Telethon	- Connie Wenaus
Past Chair	- Cal Lindsey	Promotions	- Dave Millar
Personnel & Policy	- Vi Carmichael		
Directors	- Jack Armitage, Terry Cooper, Thelma Coward-Ince, Tim Olive, Carmen Moir, Leo Poirier,,		

Legal Advisor - Cheryl Arnold, **Executive Director** - Dave Camp, **Secretary** - Shirley Tolhurst

Update on Connie Wenaus

By now most of you are no doubt aware that Connie recently suffered a heart attack while in Victoria, British Columbia with the Seniors' Travel Club. I am pleased to announce that Connie is now out of hospital and is resting up at her daughter's home in Vancouver. She is expected to return to Nova Scotia within the next week or so. Feel free to forward cards or notes to Connie in care of the Centre. We will ensure that she receives them as soon as she arrives home.

UPCOMING EVENTS

Friday	18 Nov. 2005	7:00 PM	Seniors Follies - \$5.00
Sunday	20 Nov. 2005	2:00 PM	Seniors Follies - \$5.00
Monday	21 Nov. 2005	11:00 AM	"Issues for Older Persons" Seminar - No Charge
Wednesday	22 Nov. 2005	10:00 AM	"Dealing With Diabetes" (Organization Meeting)
Friday	25 Nov. 2005	4:00 PM	Set Up For Flea Market - Pizza For workers
Saturday	26 Nov. 2005	11:00 AM	Flea Market - Admission - 50 Cents
Monday	28 Nov. 2005	2:30 PM	Casino Trip - \$5.00
Sunday	04 Dec. 2005	1:00 PM	Ladies Day, Lunch, Fashion Show, Jewelry Sale
Tuesday	06 Dec. 2005	7:00 PM	Prelude to Christmas - Christ Church - \$5.00
Thursday	08 Dec. 2005	SOLD OUT	Christmas Pot Luck (SOLD OUT)
Tuesday	13 Dec. 2005	12:00 Noon	Christmas Dinner (First Sitting) - \$12.00
Friday	16 Dec. 2005	5:00 PM	Supper & Light Tour - \$10.00
Tuesday	20 Dec. 2005	12:00 Noon	Christmas Dinner (Second Sitting) - \$12.00

CANCELLATION

Frenchy's Run Scheduled for Wednesday, 30 November 2005 Is Cancelled

2005 - The Year of the Veteran

This will be our last newsletter to be published in 2005, the Year of Veteran. This edition has been dedicated to all of servicemen, past and present, who have served our country in war and in peace. Without your efforts, dedication and bravery this would be a far different country. We owe you a debt that we can never properly repay. Therefore, with no intended disrespect to politicians we dedicate this poem to all of you.



Just A Common Soldier

(A. Lawrence Vaincourt)

He was getting old and paunchy and his hair was falling fast,
And he sat around the Legion, telling stories of the past
Of a war that he had fought in and the deeds that he had done,
In his exploits with his buddies, they were heroes, every one.

And tho' sometimes, to his neighbours, his tales became a joke,
All his Legion buddies listened, for they knew whereof he spoke.
But we'll hear his tales no longer for old Bill has passed away,
And the world's a little poorer, for a soldier died today.

He will not be mourned by many, just his children and his wife,
For he lived an ordinary and quite uneventful life.
Held a job and raised a family, quietly going on his way,
And the world won't note his passing, though a soldier died today.

When politicians leave this earth, their bodies lie in state,
While thousands note their passing and proclaim that they were great.
Papers tell their whole life stories, from the time that they were young,
But the passing of a soldier goes unnoticed and unsung.

Is the greatest contribution to the welfare of our land
A guy who breaks his promises and cons his fellow man?
Or the ordinary fellow, who in times of war and strife,
Goes off to serve his country and offers up his life?

A politician's stipend and the style in which he lives
Are sometimes disproportionate to the service that he gives.
While the ordinary soldier, who offers up his all,
Is paid of with a medal and perhaps a pension small.

It's so easy to forget them for it was so long ago
That the old Bills of our country went to battle, but we know
It was not the politicians, with their compromise and ploys,
Who won for us the freedom that our country now enjoys.

Should you find yourself in danger, with your enemies at hand,
Would you want a politician with his ever shifting stand?
Or would you prefer a soldier, who has sworn to defend
His home, his kin and country and would fight until the end.

He was just a common soldier and his ranks are growing thin,
But his presence should remind us we may need his like again.
For when countries are in conflict, then we find the soldier's part
Is to clean up all the troubles that the politicians start.

If we cannot do him honour while he's here to hear the praise,
Then at least give him homage at the ending of his days.
Perhaps just a simple headline in a paper that would say,
"Our country is in mourning, for a soldier died today."

DARTMOUTH SENIORS' SERVICE CENTRE

2006 REGISTRATION

ANNUAL MEMBERSHIP: \$15.00

2005 Membership Number:

Name	
Address	
Postal Code	
Telephone Number	
Birth Date	
e-mail Address	
Would You Care To Volunteer For?	Bingo Catering _____ Telephones _____ Clerical _____ _____

Complete and Mail To:

**Dartmouth Seniors' Service Centre
45 Ochterloney St.,
Dartmouth, NS
B2Y 4M7**